



## UAGS Youth Camp

Dates: JUNE 9-12, 2025

Times for Grades 1-4: 4:00-5:30 PM

Times for Grades 5-8: 5:30-7:00 PM

Place: Upper Arlington High School Training Fields

Upper Arlington Girls Soccer has a tradition of excellence. We've been Ohio Capital Conference division champions 10 times. Including in 2024! We are 11-time champions of the OHSAA Central District. Also, in 2024! We've represented UA in the State Final Four as champions of the OHSAA Central Region. We've earned those championships through mutual respect, hard work, and an "ALL IN" team mentality, and those are the values we carry forward.

To continue the tradition and offer a glimpse into the way we prepare and train at the high school level, we offer an annual UAGS Youth Camp to all UA girls entering grades 1-4 and 5-8 who may be interested in playing soccer for the high school someday.

### TRAINING FOCUS

The camp offers four days of robust training, focusing on the technical and fundamental aspects of the game. Speed of play and decision making are emphasized through the quick-thinking and precision of "rondo training" — a concept Upper Arlington Coaches and Camp Directors Andrew Kessinger and Nikki Cox have incorporated over many years and utilizes with the student-athletes at the Varsity level.

### COACHING STAFF

The camp features a highly qualified staff, including current and former UAGS players, who will teach players the skills they need to be successful at the next level.

**Andrew Kessinger** Girls Varsity Coach and Program Director at the high school. A former pro player and collegiate All-American, he's a member of the Athletics Hall of Fame at both his high school and college alma maters. Coach Kessinger was also a former club soccer coach for Ohio Premier and the former Director of Coaching for the Eagles Soccer Club (now OP) in Upper Arlington.

**Nikki Cox** Girls Varsity Coach at Upper Arlington. Played D1 Soccer at Bowling Green. Coach Cox started all 4 years. She won 4 MAC regular season and tournament championships. Coach Nikki was named a 3-time Captain!

### COST & REGISTRATION

The fee for the camp is \$120 and includes an exclusive Upper Arlington Girls Soccer t-shirt. Early bird registration closes on May 9, 2025. For registrations received after the early bird deadline, the camp fee increases to \$130 and a t-shirt is not guaranteed. Registration is on a first come first serve basis. If the camp is canceled for any reason, full refunds will be issued. To register, please complete the registration form and online payment found at <https://www.uagirlssoccer.com/camps>. For more information or questions, please contact Coach Andrew Kessinger at [awkess@att.net](mailto:awkess@att.net) or Coach Nikki Cox at [nicolecox009@gmail.com](mailto:nicolecox009@gmail.com).

*This activity is not sponsored by the Upper Arlington City School District*